## **Self-Help Checklist for Key Labelling Information for CPM**

Please check that the following information are included in the final artwork of your product label.

Labelling Information	Remarks	References	Check
Name and quantity of active ingredient	<ul> <li>Latin name and Chinese name (if applicable) are same as that declared in PRISM.</li> <li>Can be on the outer label if the inner label is too small.</li> </ul>	中药大辞典, Chinese Pharmacopoeia, PRISM ingredient entry	
Indications#	<ul> <li>Documented in established traditional Chinese medicine references (e.g. 中药大辞 典, Chinese Pharmacopoeia).</li> <li>English indications have been translated appropriately.</li> <li>No reference to any of the 19 diseases and conditions specified in the First Schedule of the Medicines Act, namely blindness, cancer, cataract, drug addiction, deafness, diabetes, epilepsy or fits, hypertension, insanity, kidney diseases, leprosy, menstrual disorders, paralysis, tuberculosis, sexual function, infertility, impotency, frigidity, conception and pregnancy.</li> <li>Can be on the inner or the outer label if there is no package insert, or on the package insert only.</li> </ul>	中药大辞典, Chinese Pharmacopoeia  For English translation, you may refer to the "WHO International Standard Terminologies on Traditional Medicine in the Western Pacific Region" here.	
Contraindications	<ul> <li>Please refer to the list <a href="here">here</a> to check if the ingredient requires contraindication to be stated. If yes, please follow the contraindications stipulated in the list.</li> <li>If the ingredient does not require contraindication to be stated, the label should state "No known contraindications".</li> <li>Can be on the inner or the outer label if there is no package insert, or on the package insert only.</li> </ul>	Please refer to the contraindications stipulated for certain ingredients listed <a href="here">here</a> .	
Side effects	<ul> <li>Please refer to the list <u>here</u> to check if the ingredient requires side effects to be stated. If yes, please follow the side effects stipulated in the list.</li> <li>If the ingredient does not require side effects to be stated, the label should state "No known side effects".</li> <li>Can be on the inner or the outer label if there is no package insert, or on the package insert only.</li> </ul>	Please refer to the side effects stipulated for certain ingredients listed <u>here</u> .	

<sup>\*</sup>Please note that the product claims will still be subject to HSA's evaluation and may not necessarily be allowed. For more information on CPM labelling requirements, please refer to the HSA website at:

<a href="https://www.hsa.gov.sg/chinese-proprietary-medicines/overview#toggle=togglepanel-labelling-requirements">https://www.hsa.gov.sg/chinese-proprietary-medicines/overview#toggle=togglepanel-labelling-requirements</a>